

March 8, 2019 and Beyond

Temple Phone number - 607-723-7461
Rabbi Brown's email – rabbibrownti@gmail.com
Office email - titammy@stny.twcbc.com

Upcoming Services:

Friday March 8th: Kabbalat Shabbat & Maariv services at 5:30pm

Saturday March 9th: Shabbat services beginning at 9:30am

Tuesday March 12th: Maariv services beginning at 5:30pm.

Upcoming Events:

Want to learn more about Ethics? Class originally scheduled for March 3rd has been changed... Mussar class is beginning on Sunday, March 17 at 4:00pm at Temple Israel. (Please note new date) Classes will meet once a month for 10 months. All materials, including the book, "Everyday Holiness" by Alan Morinis, will be provided. **(Participants are encouraged to make a donation to help offset material costs)**

WHAT IS MUSSAR?

Mussar is a path of contemplative practices and exercises that have evolved over the past thousand years to help an individual soul to pinpoint and then to break through the barriers that surround and obstruct the flow of inner light in our lives. Mussar is a treasury of techniques and understandings that offers immensely valuable guidance for the journey of our lives.

Join us in this modern day with ancient roots study. Please call the Temple office to sign up for this ethics driven class.

Saturday night March 9th – Turn your clocks ahead 1 hour

TI/TC Adult Ed at Temple Concord – Sunday March 10th at 10:00am. The topic is **Two Views of Jewish Italy** with Howard Warner & Ted Major speaking. Please RSVP to Temple Concord at 723-7355

Rabbi on vacation – Monday March 11th – Thursday March 14th

Tammy on vacation – Monday March 11th – Tuesday March 19th

Office hours for those days will be: 2:00pm - 4:00pm each day except CLOSED Wed March 13th

Sisterhood Chair Yoga Class – Wednesday March 13th at 2:00pm. Cost is \$5. RSVP to the office by March 8th

Mussar Class with Rabbi Brown – Sunday March 17th at 4:00pm

Temple Israel/Temple Concord Purim Party at Temple Concord – Wednesday March 20th beginning at 6:00pm with dinner, followed by services, the Purim spiel and dessert. Reservations are required (contact Temple Concord) for the dinner. Kosher & Non-kosher are available. Cost is \$12 adults, \$8 ages 3-12, under 3 free. See attached flyer!

The women of St. Vincent de Paul Blessed Sacrament Church and Temple Israel invite all women to join us for an evening of fitness and fun in the Social Hall at St. Vincent de Paul Blessed Sacrament Church on Wednesday, March 20th at 7:00 P.M. Zumba instructor, Ann Marie Van Nostrand, is looking forward to sharing her passion for dancing and music with us in this fun, fabulous, Zumba workout. Wear sneakers and comfortable clothes (yogas or sweats and a t-shirt). Women of all ages and abilities are invited to come dance, laugh, and burn calories all at the same time! Please sign up in the lobby by March 17th.

Hillel Academy Purim Spiel – Thurs March 21st at 8:30am. All are invited.

JCC'S Purim Carnival – Sunday March 24th from 1:00pm – 3:30pm

Caring Community meeting – Thursday March 28th at 1:30pm

Executive Board meeting – Tuesday April 2nd at 7:00pm

Tammy Kunsman
Office Administrator
Temple Israel, Vestal, NY