

October 2026 Bulletin



4737 Deerfield Place
Vestal, New York 13850
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607-723-7461

We are grateful for our Bulletin Sponsors:

In loving memory of Gary Miller by *the Miller and Beams families*

In appreciation of The Channin's for all their work over the High Holidays
by *Steve Gilbert*

The Temple Israel/Temple Concord Joint Adult Education Group
is presenting a Brunch program at 10:00am on Sunday October 25,
at Temple Concord
featuring readings (TBA) read live by

ANDY HOROWITZ

A voluntary contribution between \$5 and \$20 is welcome, and reservations are most helpful and appreciated: you may RSVP to Temple Concord 607-723-7355 or to Temple Israel 607-723-7461.



Dancer/Actor Andy Horowitz has performed his choreographic works at more than 2,000 venues in 30 countries, including, London's Southbank Center, New York's Lincoln Center, The Kennedy Center, The Seoul Arts Center, Berlin's Akademie Der Künste, The Stadsschouwburg of Amsterdam, The Kravis Center, and countless others. He has been a featured performer on CBS's "Late Night with David Letterman," on the A&E Network, MTV, HBO, Canada's Musique Plus, Germany's ARTE Network, The BBC and Madrid's Telecinco.

Andy has acted in some fifty movies, including No Choice (2025 Best Narrative Feature, Dances with Films, LA); Pancakes and Syrup (2024 Best Comedy Feature, Manhattan Film Festival); and Creeping Death (2024 Best Slasher Feature, Atlanta Horror Fest).

Andy holds a BA in Theatre from Binghamton University and an MBA from Syracuse University. He lectures on entrepreneurship and offers choreographic workshops at schools and conservatories throughout the world. Andy is Artist-in-Residence at Binghamton University's Department of Theatre, and lives in Binghamton, NY with his wife, Carol.

Andy is a proud member of SAG-AFTRA, AGMA, and UUP.



Shalom Aleichem, Temple Israel Friends!

Rabbi Micah Friedman

Happy "After the Hagim!" Over the past month, along with Jews around the world, we welcomed the beginning of the year 5787—and we did so in style! Thank you to everyone who helped make the Fall Hagim such a wonderful time at Temple Israel, including our High Holiday Oversight Committee, High Holiday Honors Committee, Safety and Security Committee, Cantor Joel Nathanson, and all who came together in prayer, song, and celebration. You can continue to share your feedback by filling out the survey on our website.

Special thanks are also due to Dave Channin—and to the many other volunteers who stepped up to lead and support our services—over Sukkot, Shemini Atzeret, and Simchat Torah. Written versions of my Divrei Torah for these holidays are available on the website for anyone who would like to read them. May we continue to write for ourselves a year of compassion, patience, and generosity toward one another!

Of course, the beginning of October and the conclusion of the Fall holidays have taken on new emotional dimensions over the past three years, following the horrifying October 7 attack in southern Israel and the devastating years of war that followed. This is a season when we are especially conscious of ourselves as part of *Klal Yisrael*, the collective of the Jewish people. *It is also a time to allow ourselves to feel the grief of the many lives lost and the suffering experienced by so many since October 7. May all those who have died be remembered as a blessing, and may we continue to hope and work for a future of peace and human flourishing.*

In October and beyond, we have a special opportunity to practice *Klal Yisrael* by welcoming **two rabbinical students to our community as Rabbinic Interns**. *They will lead services, teach Torah, and bring new creativity and energy to Temple Israel. I am especially excited to support two rabbis-to-be, each at a different point in their journey, as they learn and grow through serving our community.*

Student Rabbi Idan Erez is a fifth-year student at Hebrew College, where I studied in Boston. She will be joining us for the first time at the end of October for a weekend of spirited prayer, song, and learning. Sheindel Spitzer-Tilchin is a first-year rabbinical student at the Jewish Theological Seminary in New York City, and she will be joining us for the first time the weekend of October 16–18.

Welcoming these rabbinical students as interns gives us the opportunity to strengthen *Klal Yisrael* by helping develop the next generation of rabbinic leadership. *At the same time, we will be the beneficiaries of their unique styles, perspectives, and passion for Judaism. I hope that many of you will take the opportunity to welcome them, get to know them, and learn with them.*

We are also launching our renewed Jewish learning program for children this month: **TI Cheder**! The program begins this Thursday, October 8, and will meet each Thursday afternoon from 4–6 PM, focusing on Torah stories, Jewish values, and the experience of living Jewish traditions. On Tuesday afternoons, children will also have the opportunity to receive focused, personalized Hebrew instruction from 4:30–5:30 PM before participating in our weekly minyan.

Please see the attached materials for more information. If you have young children, we hope you will join us! And if you know a family who might enjoy being part of TI Cheder, please send them our way.

We will also come together for our **first Family Shabbat Dinner of the school year on Friday, October 16!** Everyone is invited to join us for a family-friendly Shabbat service followed by a fun and festive Shabbat dinner. We look forward to creating more opportunities like this throughout the year, including another Family Shabbat Dinner during the first Shabbat of Hanukkah on December 4th. During each of these weekends, we will also welcome one of our Rabbinic Interns, giving us the opportunity to connect with them and learn together.

Last but not least, October brought a tragic loss to our Temple Israel community with the untimely death of Lee Foreman, may his memory be a blessing. I know that many of us continue to feel devastated by the loss of such a bright young person, and that there are no words that can adequately explain such a loss. My heart continues to break with Lee's parents, Brett and Abbi Foreman; his sister, Shayna; and his grandmother and longtime Temple Israel member, Ilene Pinsker.

May we continue to offer our sympathy, love, and support to Lee's family, and may we continue to come together as a community to support one another and each other's families in times of need and sorrow.

L'shalom,

Rav Micah



Arthur Siegel, Acting President

Dear Members and friends of Temple Israel,

Today marks the grim anniversary of the October 7th, 2023, massacre and kidnapping of innocents in Israel by Hamas terrorists that launched a war and sparked a humanitarian crisis that persists to this day. We pray for a just and peaceful resolution of this conflict, which would seem the best way to honor the memories of those lost.

Locally, our holiday joy was offset by the tragic passing of Lee Foreman, whose beautiful life and courageous battle with cancer was cut abruptly short at the age of 16. Our hearts go out to Abbi, Brett, Shayna, and their extended family, in the face of this searing loss. The massive community outpouring of shared grief and support was heartwarming, and I am proud that our synagogue and our Rabbi are able to provide an inclusive space - physical and spiritual - for such gatherings when needed. I know that the Foreman family can count on our synagogue community to support them as and when they need it.

We hope that you enjoyed our High Holiday services, featuring meaningful teachings and davening by Rabbi Friedman, beautiful cantorial leadership by Dr. Joel Nathanson, and wonderful support by our dedicated lay leadership. Volunteers served as greeters and ushers, and chaired or served on committees to manage the myriad details of High Holidays. Several people took on new service leadership roles, providing variety in our services, and we kept a spirited pace throughout. After this rousing start to the New Year 5787, we reveled in Sukkot services and Rabbi Friedman led several programs in our beautiful Sukkah. We extend to Rabbi Friedman our appreciation for the extra effort he expended to provide leadership throughout our holidays despite the mobility constraints of his sports injury, and we wish him continued healing and complete recovery.

Our Rabbi Search Committee has resumed recruiting for a full-time candidate, with a target to secure our next such Rabbi in Spring 2027. Until then, we have the opportunity to enjoy Rabbi Friedman's Rabbinic support and teaching in-person on Tuesdays and Thursdays and monthly Shabbatot. Please take advantage of these windows to engage with our Rabbi. In addition, we are scheduling visits from several interns, from both the Jewish Theological Seminary (NYC) and Hebrew College (Boston) throughout the year. These interns will lead services, read from the Torah, and teach classes from time-to-time. They are here to learn, as well as teach, so join us to meet these aspiring and inspiring Rabbinic students. Watch the TI website, on-line calendar, and the weekly "Upcoming" email for info about who may be guests on our bimah week-to-week.

In the midst of all this, Suzanne and I have traveled to Newfoundland, where we are helping our granddaughter prepare for her Bat Mitzvah on Shabbat Bereshit. It is a pleasure to daven where the sun first arrives in North America, but it requires "all hands on deck" to pull off a simcha like this in the tiny Jewish Community here in St John's. It makes me appreciate the comparatively robust resources we have in our Temple Israel Community. Those resources include YOU! Please make your participation in our weekday, Shabbat, and holiday services a priority. In addition to finding it meaningful and educational, you may help make the minyan, enabling your friends in mourning or honoring a yahrtzeit to say kaddish.

Thanks to each of you for your support. Whether moving books and chairs, setting up the Sukkah, participating on a committee, bringing your children to our Cheder Hebrew School, or making a donation; every contribution, large or small, helps us fulfill our mission. We need You!

L'shalom!
Art

Executive Board

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CONGREGATIONAL NEWS

Mazel Tov to...

Arthur & Suzanne Siegel on the Bat Mitzvah of their granddaughter Aurora

Condolences to...

Abbi, Brett and Shayna Foreman and Ilene Pinsker & Ron Sacks on the passing of Lee Foreman

Get Well Wishes to...

Carol Herz, Rabbi Micah Friedman, Fran Goldman, Roy Paston, Myrna Dubofsky, Howard Warner, Susan Gilinsky, Ann Spitz

October Birthdays

October 1—Loren Wolsh, Leon Vainer

October 11—Matan Bock

October 13—Marcy Cohen, Alex Hamilton

October 16—Isabelle Gindi, Annette Wiesner

October 17—Shelley Hubal

October 25—Mel Dubofsky

October 26—Arieh Ullmann

October 30—Joyce Sambursky

October Anniversaries

October 5—Dennis & Linda Robi

October 9—Simone Betchen & Steven Marks

October 29—Andre & Cherese Rosales,
Robert & Diana Weiss

**Congratulations to our September Lottery
fundraiser winner:**

Claire Cummings

October 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Lunch & Learn in the Sukkah 1:00pm	2 Minyan 5:30pm Light candle 6:26pm	3 <i>Shemini Atzeret</i> Shabbat svc w/Hallel & Yizkor 9:30am-12pm
4 <i>Simchat Torah Services 9:30am</i>	5 Mahjong 2:00pm	6 613 Mitzvot class 4:30pm Minyan 5:30pm <i>Executive Board meeting 7:00pm</i>	7	8	9 Minyan 5:30pm Light candle 6:14pm	10 Shabbat svc 9:30am-12pm
11	12 Columbus Day Office closed	13 Office closed Hebrew Learning for children 4:30pm Minyan 5:30pm	14 Office closed	15 Cheder 4:00- 6:00pm	16 Rabbi Friedman & Rabbinic intern Sheindl Spitzer- Tilchin here The weekend Minyan 5:30pm & Family & Commu- nity Shabbat dinner Light candle 6:03pm	17 Shabbat svc 9:30am-12pm
18	19 Mahjong 2:00pm	20 Ritual Committee meeting 10:00am Hebrew Learning for children 4:30pm <i>Board of Trustees meeting 7:00pm</i> Minyan 5:30pm	21	22 Cheder 4:00- 6:00pm	23 Minyan 5:30pm Light candle 5:52pm	24 Shabbat svc 9:30am-12pm
25 TI/TC Adult Ed @ TC 10:00am	26 Mahjong 2:00pm	27 Hebrew Learning for children 4:30pm Minyan 5:30pm	28	29 Cheder 4:00- 6:00pm	30 Rabbinic Intern Idan Erez here for the weekend Minyan 5:30pm Light candle 5:42pm	31 Shabbat svc 9:30am-12pm

CONTRIBUTIONS

GENERAL FUND

For the Yahrzeit of...

Nathan Gilinsky by Charles & Susan Gilinsky
David Stearns by Charles & Susan Gilinsky
James Kline by Herbert Kline
Carl Levine by Hollie Levine
Leane Dicker by Joyce Sambursky
Ruth Werner by Joyce Sambursky
Alex Wiener by Sandy Wiener
Marcia Wolff by Michael & Wendy Wolff

In Honor of...

Don & Barbara Zelter's 70th anniversary by Dan & Mimi Bartschi
Alan & Julie Piaker's 50th anniversary by Len & Naoma Feld, Ina Bellis
The birth of the Channin's granddaughter Sophie Esther Channin by Ina Bellis, Fred & Sandra Weitsman
The Bat Mitzvah of Arthur & Suzanne Siegel's granddaughter Aurora by Debra Martinez, Alan & Julie Piaker, The Channin Family
Mike Azersky by David Channin
Michael & Wendy Wolff by Len & Naoma Feld
Rabbi Friedman for the wonderful High Holiday services by Fred & Sandra Weitsman
David Channin for his participation in the High Holiday services by Fred & Sandra Weitsman

Thank you to...

Beverly Rozen for her hospitality by Fred & Sandra Weitsman

Best wishes to...

Maxine Rosenberg on her new apartment by Barbara & Les Bank

Speedy recovery to...

Rabbi Micah Friedman by Ann Cohen, Fred & Sandra Weitsman, Marilyn Livsky
Carol Herz by Richard Schneierson, The Channin Family

In Memory of...

Lee Foreman by Howard & Bonnie Brown, Fred & Sandra Weitsman, Al Lavker, Marcy Cohen, Larry & Kathy Hurwitz, Merri Pell-Preus & Tony Preus, Maxine Rosenberg, Joan & Walter Jacobson, The Channin Family, Ina Bellis

RABBI'S DISCRETIONARY FUND

Speedy recovery to...

Rabbi Micah Friedman by Ben & Susan Kasper

For the Yahrzeit of...

Simon S. Silverman by Stuart & Vicki Rouff

In Memory of...

Lee Foreman by Judy & Irwin Simon

LANDSCAPING FUND

For the Yahrzeit of...

Hyman Horowitz by Harriet Horowitz

Speedy recovery to...

Rabbi Micah Friedman by Beverly Rozen

In Honor of...

Ann Cohen for all her work in the Adult Library by Arlene Osber

BERNIE SHIFRIN MUSIC FUND

For the Yahrzeit of...

Herbert Rapp by Barbara Roberts
Irving Roberts by Barbara Roberts

In Honor of...

Rabbi Friedman's beautiful sermon during the HH by Myrna & Mel Dubofsky
Steve Gilbert's reading during the HH by Myrna & Mel Dubofsky

In Memory of...

Lee Foreman by Myrna & Mel Dubofsky

KIDDUSH FUND

Thank you to...

Beverly Rozen for her thoughtfulness by Ruth & Rose Shapiro

For the Yahrzeit of...

Samuel Morgan by Ruth Shapiro

CHILDRENS LIBRARY

In memory of...

Lee Foreman by Ruth & Rose Shapiro

HEBREW SCHOOL FUND

Condolences to...

Abbi & Brett Foreman & Family on Lee's passing by Phyllis & Jerry Heller

Speedy recovery to...

Howard Warner by Phyllis & Jerry Heller

In honor of...

Carol Herz & Howard Schwartz's 50th anniversary by Phyllis & Jerry Heller
All the Honeygram Sponsors by Phyllis & Jerry Heller

Thank You to all our High Holiday Bimah Flowers Sponsors 2026

Nancy Basmann	In memory of Robert Basmann
Larry & Rita Bleier	In memory of our Parents & In honor of our Children & Grandchildren
The Channin Family	In honor of Sophie Esther Channin
Myrna & Mel Dubosky	In memory of Bernie Shifrin
Charles & Susan Gilinsky	In memory of Stanley Gilinsky
Robin & Jeff Greenblott	In honor of our Parents and Children
Marcia Hofstein	In honor of Isaac Green, IDF Golani Brigade
Larry & Kathy Hurwitz	In honor of our granddaughter Ruchami's First Birthday
Ben & Susan Kasper	In memory of our Loved Ones
Al Lavker	In memory of Pamela Lavker
Hollie Levine	In memory of Carl Levine
Joe & Fran Newmark	In memory of Jerome & Rhoda Seidel and Harry & Mildred Newmark
Arlene Osber	In honor of my Family
Roy & Sandra Paston	In memory of Martin & Gertrude Paston and Isaac & Anna Kurson
Merri Pell-Preus & Tony Preus	In memory of Hannah & Alfred Pell
Alan & Julie Piaker	In memory of Philip & Pauline Piaker and David & Lucille Janofsky
Karen Prowda	In memory of my parent Tilden & Ida Prowda
Maxine Rosenberg	In memory of Louis Rosenberg
Beverly Rozen	In memory of my beloved husband Hersh Sanford Rozen
Ron Sall	IMO Nate & Vivienne, Rose, Rachel, Ida Sall, Julia Perl & Anne Hechtman
Bob & Lori Schapiro	In memory of Irvin & Barbara Schapiro
Jim & Jennifer Schutzer	In memory of Edith & Henry Schutzer and Burt & Barbara Blazar
Ruth Shapiro	In memory of Jeffrey Shapiro
Suzanne & Arthur Siegel	In memory of Lenore & George Siegel
Howard & Betty Warner	In memory of Sarah & Shepard Warner and Shirley & Harry Katz
Laurence & Edyce Wyman	In memory of Alec & Elsie Menewitch and Stanley & Zelda Wyman



Adult Library

At the 10th year celebration I was asked about the library --- who did it and how it came to be. Briefly, I said that it's a long story, but I did it. Well, here is the history of our adult library.

In the early 1980's, shortly before Rabbi Hurwitz retired, Morris and Debbie Gitlitz wanted to memorialize their recently deceased son by making the library (which was a large room of books) into one that the congregation could use. Since I was the only librarian in the congregation at the time, the overwhelming task fell to me. Long story short, after several months and over 40 volunteers later, more than 2,000 books were cleaned, catalogued, and turned into library books that could be borrowed. Women came with their typewriters and made catalog cards. A card catalog was created, books were arranged, guidelines established and a lending library was born.

Since I had a full time job at the public library someone else had to run the library. I wrote a manual detailing how things should be done and set up an account with a book jobber, Baker & Taylor. The first librarian was my mother, Shirley Cohen and her helpers, Ferne Weintraub and Leah Frank. The Gitlitzes established an endowment specifically for the purchasing of books for the library --- a fund that still is used today. The second librarian was my father, Leonard F. Cohen. Ferne also was his assistant. When he no longer could do it, Barbara Gilbert took over as the third librarian. Then the roof collapsed, which brings us to this building.

Barbara had a meeting to get things going. Ben Kasper and I ended up unpacking books and setting up the present library. I ended up being the librarian. Unlike the former library which had someone there during set library hours, this library is too small for that. Instead, our library is totally self-service and is accessible whenever the building is open. Feel free to come in, browse, sign out a book or two (leave the book card in the box), and enjoy!

Chag Sameach

Ann Cohen

The Caring Community

Please Inform the Rabbi:

If your health condition changes, if you undergo a medical procedure, if you are hospitalized, if you move to an assisted living facility, or if you are in rehab, please contact Rabbi Friedman at rabbimicahfriedman@gmail.com or the Temple office at 607-723-7461 or email office@templeisraelvestal.org

October 2026 Yahrzeits

October 1—7

Tishrei 20—26

Ben Schwartz observed by *Howard Schwartz*
Isaac Herz* observed by *Carol Herz*
Marion Rapp observed by *Barbara Roberts*
Benjamin Horowitz observed by *Beverly Rozen*
James Kline* observed by *Herbert Kline*
Frank Lavker* observed by *Al Lavker*
Alex Wiener observed by *Sandy Wiener*
Marcia Wolff observed by *Michael Wolff*
David Janofsky observed by *Julie Piaker*
Henry Weinstock observed by *Ann Spitz*
Leon Weintraub* observed by *David Weintraub*

October 10—16

Tishrei 29—Heshvan 5

Gussie Bronsky* observed by *Judy Agata & Gary Kaganowich*
Brendan Byrnes observed by *Hollie Levine*
Jack Krassin observed by *Terry Shelley-Krassin*
Mildred Levine* observed by *Harvey Levine*
Ryan Paston observed by *Roy & Sandra Paston*
Zelda Wyman observed by *Laurence Wyman*
Martha Katz* observed by *Carol Herz*
Solomon Spitz observed by *Ann Spitz*
Sara Edelman* observed by *Sandra Shapiro*
Alois Gross, MD observed by *Beverly Novak*
Horacio Schlaen observed by *Brenda Schlaen*
Bess Schwartz observed by *Howard Schwartz*
Ferne Weintraub* observed by *David Weintraub*

October 17—23

Heshvan 6—12

Celia Goldstein* observed by *David Goldstein*
Roslyn Rosenbaum observed by *Beverly Rozen*
Abraham Phillip Friedman observed by *Randy Friedman*
Nathan Gilinsky* observed by *Charles Gilinsky*
Barbara Balotin observed by *Eric Balotin*
Dr. Paula Gross observed by *Beverly Novak*
Jose Sambursky observed by *Joyce, Ronald & Daniel Sambursky*
Sarah Zalbowitz* observed by *Beverly Rozen*
Harry Greenblott* observed by *Cookie Greenblott*
Elihu Channin, MD observed by *David Channin*
Howard Mai observed by *Beverly Rozen*
Edward Rosenberg* observed by *Barbara Guter*

October 24—31

Heshvan 13—30

Harriet Ribler observed by *Pamela Marcus*
Murray Weber observed by *Jack Weber*
Philip Goodman observed by *Philip Goodman*
Aharon Mah'pud observed by *Rabbi Moshe Shmaryahu*
Claire Feldman Palnik observed by *Marlene Walsh*
David Stearns observed by *Charles Gilinsky*
Claire Shefftz observed by *Jonathan Shefftz*
Jack Leitner observed by *Diana Weiss*
Adele Wiener observed by *Sandy Wiener*
Saul Bauman observed by *David Tanenhaus*
Leo Goldman observed by *Fran Goldman*
Hali Goss observed by *Alex Hamilton*

An asterisk (*) indicates that the name has a
memorial plaque in the Sanctuary

Mourners' Kaddish

If you wish to recite Mourner's Kaddish during a weekday service, please contact Howard Schwartz at schwerz@stny.rr.com or call the Temple office at 607-723-7461. An e-mail notice will be sent to the congregation encouraging attendance to have enough participants to make up a Minyan. It would be helpful if you contact Howard or the office ten days or more before the date to provide enough time to send out the notice. Temple Israel holds weekday Minyan services on Tuesday and Friday at 5:30pm on Zoom & In-person. If you would prefer a different day to coincide with a Yahrzeit date, let us know and we will work to make those arrangements. To see a video on how to recite the Mourner's Kaddish, go to the Temple Israel web site, templeisraelvestal.org, under Worship.